

UPCOMING Parent Education Series Events

hosted by
Monarch PK-8



Avani G. Dilger, MEd, MA, LPC, BC-DMT, CACIII

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November

6:00 pm-8:00 pm

@ Monarch PK-8

"Natural Highs - Healthy Alternatives to Drugs & Alcohol"

- Learn about how to talk to your kids about the risks of the current Marijuana & THC products
- Learn about what prescription drugs are currently abused by teens
- Learn about how to prevent substance use in your children and how to support them with healthy alternatives
- Learn about local resources for you and your kids

Tim Johnson, Deputy DA @ Boulder County

Digital Intelligence: Cybersafety for Parents and Kids

Is it safe for my child to be on the Internet or have a Facebook page? What do I need to know as a parent to make smart choices for my child growing up in the digital age? Can I set digital limits for my child?

Answers to these questions and more information than can be stored on a flash drive await in this important educational session. We will discuss what your kids really know about the Internet, some of the scams and dangers, and how to help you and your child safely navigate the Internet. Please join us for this timely and important session.

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January

6:00 pm-8:00 pm

@ Monarch PK-8

Rosalind Wiseman

Rosalind Wiseman's presentation is a call for action to transform the way we understand youth culture and create communities where children can thrive. From young people's friendships, social media use, gossip, drama, bullying, and the constant pressure to "keep up," she'll share how children and teens develop their sense of self and guide their decision making in everything from their academic choices, friends, and how they manage conflict. In addition, she'll give concrete advice to parents and educators so they, in turn, can guide their children through the normal yet challenging problems young people face- while avoiding the common communication breakdowns and power struggles between children and adults.

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April

6:00 pm-8:00 pm